## <u>AAHAR- 2023</u>

## **REPORT**

**MONTH- MARCH** 

Banarsidas Chandiwala Institute of Hotel Management and Catering Technology organized a field trip to AAHAR-2023 The International Food and Hospitality Fair on 14th March, 2023 for the 'Ek Bharat Shrestha Bharat' team. AAHAR is one of India's biggest annual Hospitality fairs organized in New Delhi in which brands from across the globe exhibit their best products, not only food but AAHAR focuses on all the hospitality departments for the common people and professionals to gain a better knowledge of all newly launched products including food, machinery, types of equipment, etc. Hence, the trip aimed to provide students with practical exposure to the food and hospitality industry, enabling them to learn about the latest trends and introduce them to the rich culture of Sikkim and other partnering states.

The fair featured more than 1,000 exhibitors from around the world, showcasing different elements of the hospitality industry. The students were also given a chance to taste various types of foods which include different cuisines, products made of millet as well as many other vegan products, showcasing new techniques and methods to make Sikkimese dishes, not only that but also, they got a chance to learn and experience how machines and mechanical systems work in hotels. Also, it was a great opportunity to interact with hospitality professionals, chefs, industry experts, etc.

AAHAR was not only about exhibitions but also many culinary competitions were organized throughout the five-day event, in which students from BCIHMCT actively participated in different categories where students highlighted the rich dishes from diverse cuisine of Sikkim and earned many medals and goodies. All in all, this fair was informative and very opportunistic for our future chefs to showcase their talent and learn more from professionals and fellow participants. It was a great example of fun and informative learning which students are already looking forward to the next year.